



HOPE GROUP IN PORTUGAL



BRIDGING THE HEALTH GAP



Ineta

Jill

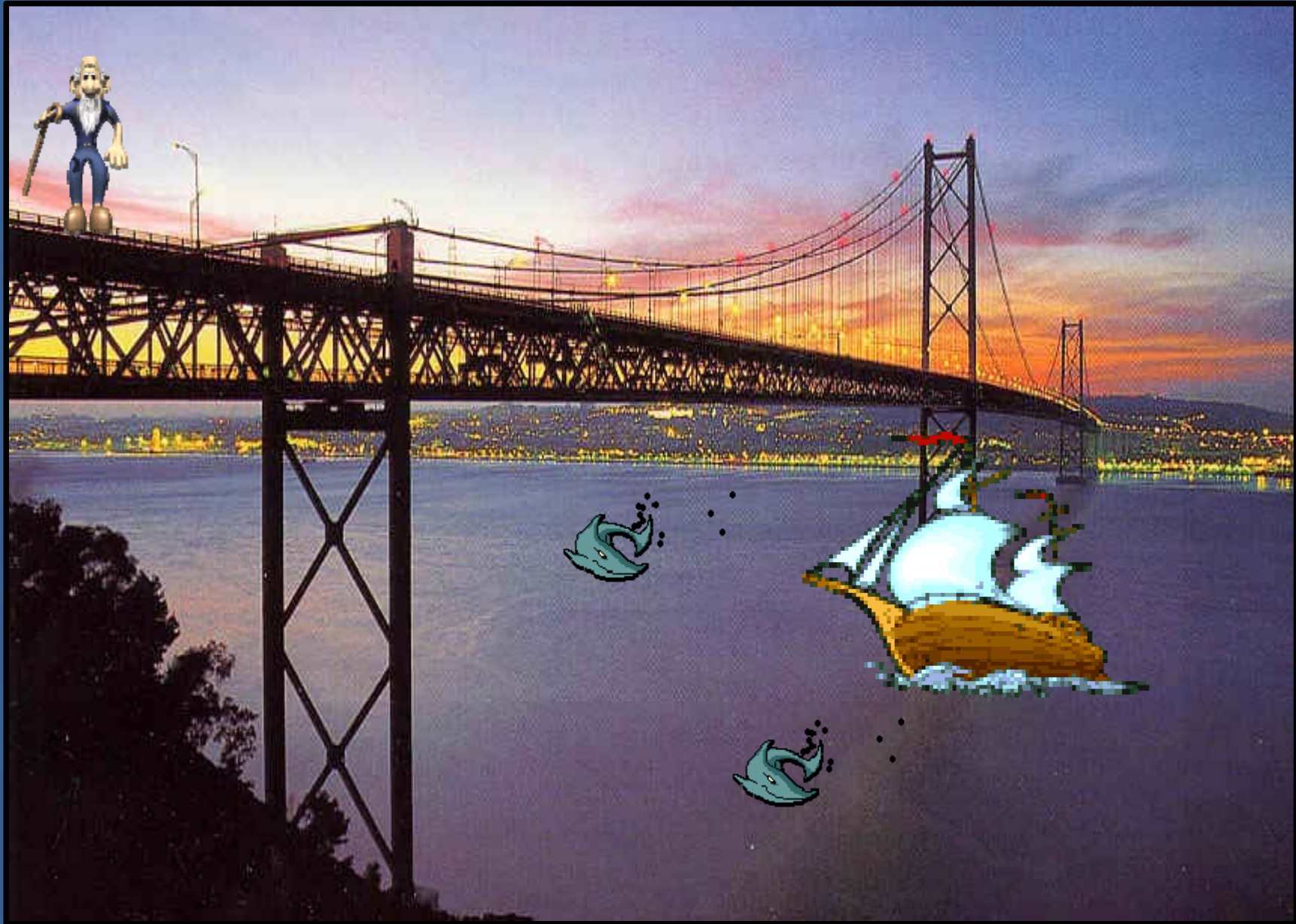
Modesta

María

Elena
Mónica
Tomás

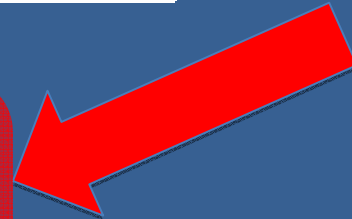
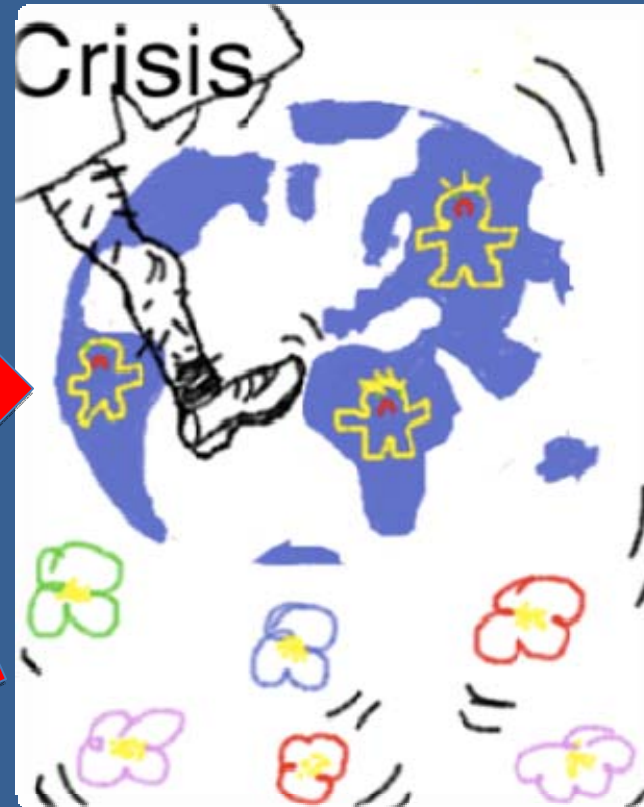
Anne



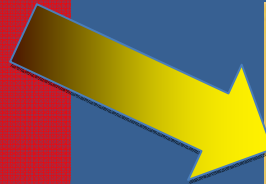




Once upon a time...



**Chronic illness
Elderly population
No Resources
Little money...**



HOW TO RESOLVE IT ??????

The portuguese people are good bridge builders.....ANSWERS for QUESTIONS



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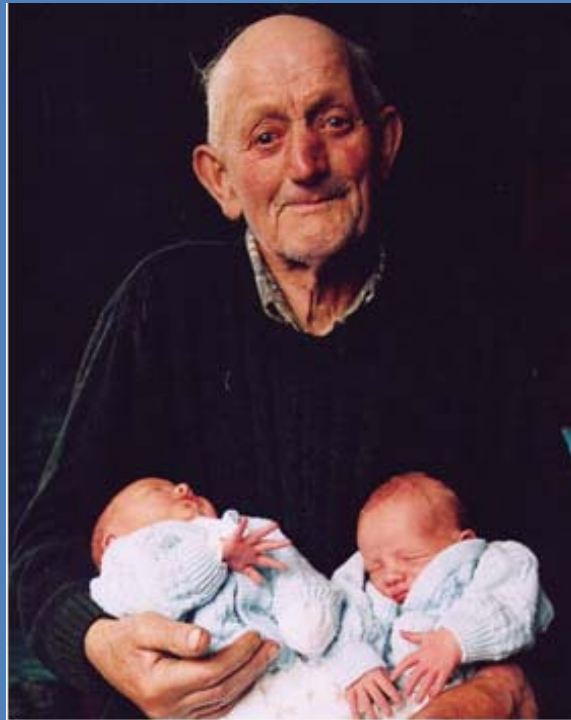
C
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**Primary Care + Hospital
=
Better care from birth to old age**





Pedros Mum!



Family Health Centre



General Hospital



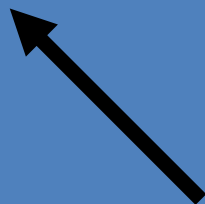
UMAD



Vaccination Program



Education Program



Rehabilitation



Baby Pedro



Emergency Department



Surgical Speciality



Rehabilitation



Palliative Care



Adult Pedro



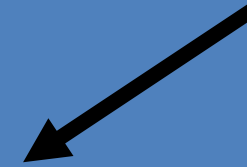
Mental Health



Oncology Unit



General Practitioner







Areas for improvement



Doctors retiring



Too many vacancies



Patients go directly to Hospitals



Health inequalities



Health education



Communication



- ✓ **Multidisciplinary teams**
- ✓ **Continuity of care**
- ✓ **Vaccination and education programmes**
- ✓ **UMAD**
- ✓ **Telemedicine**
- ✓ **Accreditation**
- ✓ **Initiatives to work across services and health sectors**

...Patient Centred Care by all



**Gradually bridging the gap
between all health care services...**



**...and with the help of information
Technology...**