



Finland

From Ice Hockey to Health
Care

The chronic patient:
a clinical and managerial
challenge





Some of the challenges in Finland are shared across Europe



Health Issue	Position in Finland
Diabetes	8.4% of total population
Alcohol	5.5% of total population
Depression	5.0% of total population
Obesity	12.8% of total population
Cardio vascular	335 per 100 000 deaths





Challenges Finland Faces

- An increasing proportion of the elderly (more likely to have 2+ chronic diseases)
- Caring for patients – town and countryside
- Lack of professionally qualified staff
- Allocation of resources



Prevention

Care in patients' home

Early Intervention



Rehabilitation

Specialised Health Care



Prevention

- Above 99% rate of vaccination
- Maternity care for the whole family
- Education – school meals and more
- Consultation bureau, for mothers with their children





- Healthcare involvement by employers
- Easy access to primary healthcare
- Interviews with patients in early stage of illness
- Screening for example for Diabetes and Cardiac and Vascular diseases

Early Intervention





- Acute triage ABCDE to maximise use of primary Care
- Short stay in highly acute/specialist hospital
- University hospitals supporting whole districts



Specialised
Health
Care



- Rehabilitation clinics
- Continued physiotherapy etc at home
- Rehabilitation in less acute hospitals
- Vocational training for people facing 'retirement' to support return to work

Rehabilitation





Care in patients' home

- Falls prevention work for over 65s
- Telemedicine
- Group homes with a normal house setting for elderly





Care in patients' home

- Falls prevention work for over 65s
- Telemedicine
- Group homes with a normal house setting for elderly





FUTURE IDEAS

Extend the use of technology

Realise benefits of the electronic patient record systems

Joint management and delivery of social care and health care

Join the planning of specialist hospitals to the rest of the health care system





hope

European Hospital and
Healthcare Federation



Kiitos!!

